

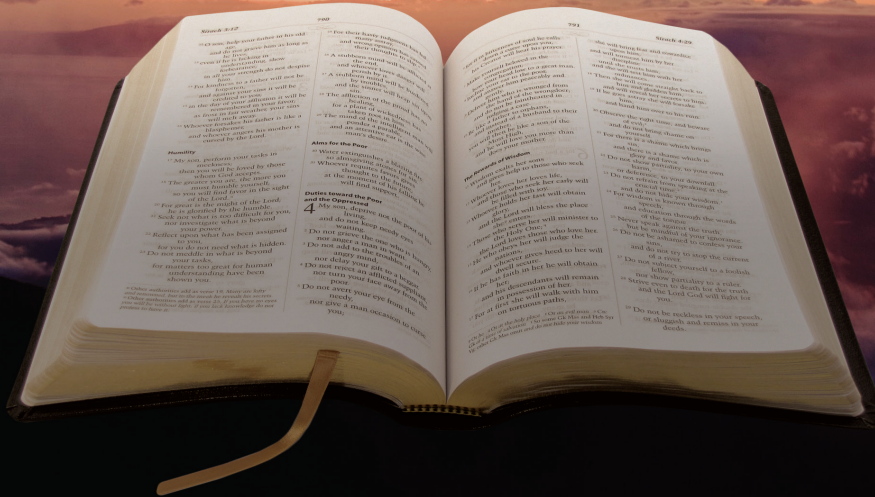


HIS TRUTH TRANSFORMS INTERNATIONAL

PROVIDING BIBLICAL TOOLS
FOR EFFECTIVE MINISTRY

HIS TRUTH TRANSFORMS.ORG

NEWSLETTER NOVEMBER 2017



A LIFE CHANGED!

"Thank you, HTTI and my counselor. I am forever grateful for God bringing you in my life."

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FINDING REST

"it is a unique kind of rest that breeds tranquility of soul and peace of mind."

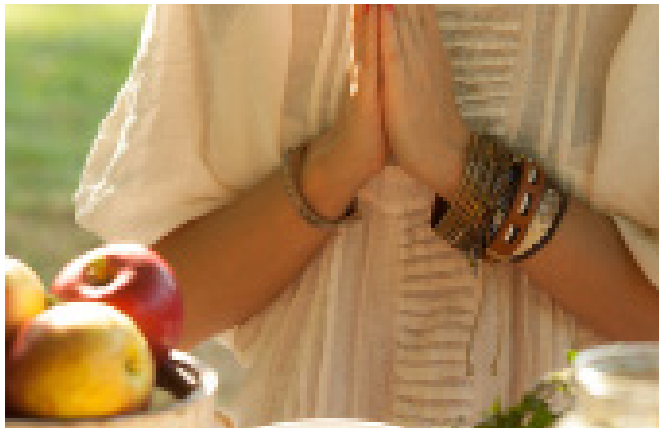
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CHRISTMAS PARTY

This is our favorite party of the year as we get to spend time catching up with you.

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A LIFE CHANGED BY GOD!

Testimony of a counselee.

When I came to HTTI, I was in a position of needing to learn how to be happy in an unhappy marriage. That was my goal. I was “stuck” and needed to learn to make my own happiness even if my husband wouldn’t or couldn’t. I was a committed Christian and did not want to break up my family nor the lives of my children the youngest nearing graduating from high school. I have had various stages of a “bad marriage” through 30 years, slowly improving, but only at a snail’s pace.

I have never been able to sleep well during our entire marriage. We had constant fights and bickering that left my mind full of hurt. At night, these hurtful insults and put-downs would replay through my mind. I often would physically get up at 3:00 a.m. and go and pour my heart out to God. He was always faithful to “lift my head” and help me to go on. I knew that this fighting was not normal, but my husband would not get counseling or help for his anger and jealousy. He did not know how to love and I was not able to let his insults go without telling him they hurt me. He could never say the words to heal my hurt that he caused. I was always so happy and chipper except with him.

We flat didn’t get along. He would tell me I was so different from him and insult the way my parents raised me in any way that was different from his upbringing. I must say that his parents divorced and he was left a wounded child that never got help for his hurt. He was angry and did not know how to build up or encourage or bond and enjoy union together or friendship. I needed that from him. Although he kept the doors locked and the bills paid, I felt very insecure. My insecurity came from the lack of success of our relationship and the countless times he said “get out.” Sometimes I did for a few hours, mostly I just dreamed of living without such strife and disharmony.

My counselor met me right where I was, broken, sad, with a deep sense of loss. I tried not to hate him for hurting me and constantly desiring to argue. I was tremendously defensive and in a state of mental anguish. I was rejected, walking wounded. I replayed his hurtful words and lamented his lack of apology or remorse for my swollen eyes from crying. How many nights I slept on the couch and slammed doors in my hurt and exasperation?

My counselor helped me to recognize my own faulty beliefs and lies I unconsciously believed that were contributing to my pitiful marriage and lack of a soul mate I so desperately desired. She told me I could be free of this control of my emotions even if my marriage never changed. I felt that I was not complete without a fulfilling and happy marriage.

She showed me that my beliefs were based on emotions rather than on Truth. She helped me to learn to pause and think Truth. “I am perfectly loved already!” I don’t need to defend myself for I have a Defender in the LORD. She helped me to change my perspective. When my feelings were hurt, she taught me to recognize the ‘renegade emotion’ and apply Truth of God’s Word. I was hurt because I was believing a lie! I had to learn to recognize these lies. The Truth has set me free. I learned how to think! Renegade emotions lead me to feel: “I’m not valued, I am rejected, I am “less than”, I am not loved or cherished. I learned to recognize that emotions come from my thought life. Our thought life needs to be on God, not my husband’s failures or insults. My counselor showed me that I have the Holy Spirit as my Guide, Advocate, Counselor and Defender. That is empowering!

“For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”

Hebrews 4:12

My counselor helped me to focus on what I do have not on the “have nots.” I was fixated on having a happy marriage rather than on focusing on Jesus. He is bringing me from “Glory to Glory” as my counselor said often. I learned precious Truths that are to be my focus: “I am very loved.” “I am adopted and chosen by God.” “I am valued and

accepted." "I have been given a brand new life." "I have God's comfort"...

In my counseling, I learned and experienced the Truth that becomes a reality through the process of renewing the mind. That is what happened each week. My mind was renewed and mended as I became dependent upon the Holy Spirit and as a volitional act of faith and will. I was taught that my responsibility was to engage with the Holy Spirit, to respond to the Lord and not my husband's hurtful and insensitive words and ways. Wrong beliefs promote wrong thoughts which produce wrong emotions which produce wrong behaviors.

One of the most powerful tools we learned was seeing my Christian identity. I am worthy. I have no lack. I have God's comfort. I am protected. I am never alone. I am accepted and worthy. I am free. I am secure. When my husband sees me as the enemy and is hostile, rejects closeness, puts me off, doesn't want to be with me, won't bond or connect, I go to these powerful Truths! I have come to be more understanding rather than being hurt. He has his own distorted perception of God based on his own personal experiences.

My counselor helped me to know who God really is. I saw in my life that I did not know God for who He really is. I have looked to others, namely my husband to meet my deepest needs for so many things. I am to desire for God to meet those needs! He is the only one who can by His unconditional and perfect love for me.

To fix any marriage, we first have to fix the heart. We cannot be any stronger in Christ than who I identify with. God is not a weak God! We had many wonderful times of insightful prayer. Many times, I wrote down my counselor's prayers, because they were so powerful and filled with tender compassion.

I am sorry to see my time with my counselor end, honestly. I want to continue what I have learned - to live in the Spirit and not in the flesh, living a life dependent upon the LORD. Renew Truth. Renew Truth. "Function outwardly in what has already been done inwardly."

Thank you, HTTI and my counselor. I am forever grateful for God bringing you in my life.

EXPLANATION OF OUR NEWSLETTER COVER

Our look includes the image of a plumb line to reflect that we operate under the authority of scripture and set our parameters within the grid of the Bible. (Amos 7:7-8). We are to put on the character of Jesus, our plumb line. We are to bring our lives in accordance with His, and adjust where necessary to the plumb line of the Word. The Word is able to divide the thoughts and attitudes of the heart for accurate uprightness of thinking (Hebrews 4:12). Any time we find ourselves out of alignment (out of plumb), we are to examine where our beliefs about our Heavenly Father and our beliefs about ourselves need to be fine-tuned according to the Divine plumb line, the Word of God. The Divine plumb line runs from God's throne, through Jesus Christ, through the Holy Spirit, to the believer's spirit, and is perfectly true to the measurements and standards of God.

At HTTI, we want everyone to understand the standard we choose to follow in our counseling, seminars, classes, biblical counseling training, and the material we produce and publish.

HTTI STAFF (L-R): Kitty Ramirez, Melody McCreary, Doris and Christi Craddock



**Your donations allow us to provide
counseling at no charge.**

SPRING CLASS SCHEDULE - 2018

SIGN UP NOW AT: 405.603.2020
or
www.HisTruthTransforms.org

Tuesday - day and night classes

INTEGRITY OF A BIBLICAL COUNSELOR

February 6 - May 8 - 11:30A.M.-1:30 P.M.

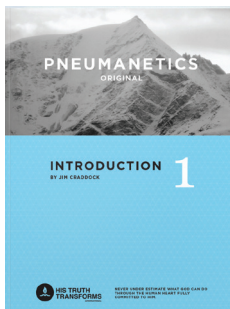
Is a 14-week class focusing on developing the integrity that is crucial for a Biblical counselor and the basic skills that are necessary for the counseling process. Topics to be taught will include becoming a student of the Word, prayer, relationships, understanding one's theory of counseling and counseling goals and plans. This is a 2-semester class with Part 2 being taught in the Fall. Cost \$150.00. Prerequisite: Pneumanetics Original

PNEUMANETICS ORIGINAL

February 6 - April 24 - 6:00-8:00 P.M.

This class is HTTI's practical and workable model of biblical counseling training. It's designed to enhance a person's ability to understand and apply God's truths in their own life. It will also equip them to counsel and disciple others effectively. It will build confidence that scriptures are reliable and authoritative, representing God's solutions to the complex problems facing our contemporary society.

This is a 2-semester class with Part 2 being taught in the Fall. Cost \$150.00.



ORDER BOOKS AND EBOOKS AT
HTTI'S BOOKSTORE

www.HisTruthTransforms.org

BIBLICAL COUNSELING is taking biblical truth from the Word of God and turning it into therapeutic and practical tools for transforming individuals and families. It is the process of moving someone from an emotional orientation to a spiritual one, which then allows the Holy Spirit to do His work of transforming them from the inside out!

At HTTI, we operate under the authority of Scripture and set our parameters within the grid of the Bible. Any attempt to integrate biblical counseling with a secular model will contaminate the original and will replace the Scriptures with a secular counterfeit.

"All scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."

2 Timothy 3:16-17

When counseling with individuals and couples, our main goal is to see them enter into a deep, personal relationship with Jesus Christ. As they learn to put Christ at the center of their lives, instead of focusing on their needs (finances, pornography, affair, husband, wife, children, eating disorders, etc), we see lives change.



We are not fixing people's problems, but seeking to see people transformed by the Word of God and the power of the Holy Spirit. God's Word is, and always has been, the most effective tool in ministering to those who are in need and are hurting.

To learn more about our counseling go to:
[www.HisTruthTransforms.org/what we do/
biblical counseling/contact us](http://www.HisTruthTransforms.org/what-we-do/biblical-counseling/contact-us)
or call at 405.603.2020

FINDING REST

By Christi Craddock, President

I love to hear the testimonies of God's transformation in a person's life. Just like the one you read on pages 2 and 3. She found rest as she surrendered. She allowed God to renew her mind and as she did she found His peace in the midst of life...even when things may not have changed.

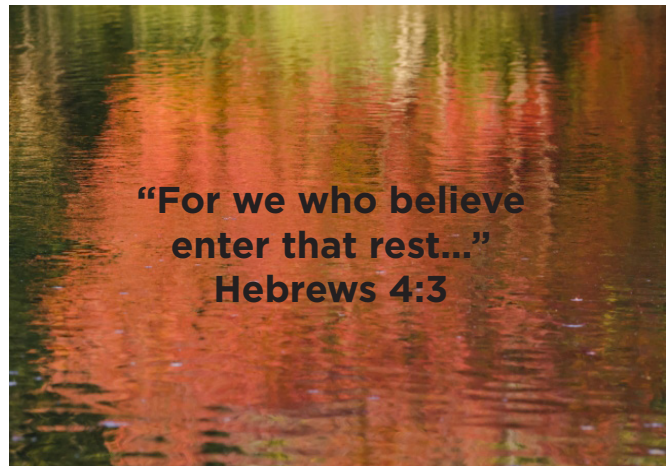
As the holidays are approaching we find this can be a time of extreme loneliness and pain, as well as a time of more stress than enjoyment. At HTTI, we know God can meet our needs and give us His rest in the midst of any circumstance, as well as this holiday season. My father, Jim, said it so well in his book, *Legacies, A Devotional*, I wanted to share it with you:

"Rest is a precious commodity. Sir Winston Churchill declared that sleep was the healer of all things. Strangely though, a person can sleep and not rest, and sleep without rest is really no good at all.

"Mind you, the Bible addresses much of rest although I think that this particular kind of rest escapes many of us. The writer of Hebrews speaks of entering into God's rest (4:3-7). Of course, he is not speaking of a nap. It is a unique kind of rest that breeds tranquility of soul and peace of mind. Resting is living without a burden. Anxieties, fears, concerns, and worries are all foreign to this kind of rest.

"Now, this kind of rest is not something we do, but it is something we experience. Rest is God's business, and we enter into this rest by the fact that we are in Christ. Resting (real resting) is not 'not working' but rather resting in one's work. There can be peace—deep peace—even in intense activity.

"Resting, then, is not a luxury but an absolute necessity for the Christian, for without resting, we will be working—in



our own strength and in our own efforts. Working outside of resting is activity without productivity, an exercise in futility.

"I think many more anxious Christians would experience this rest if they but learned a profound truth—the secret of surrendering. You see (and this is important), if there is no surrender, there can be no rest. Peter knew this. Why else should he write, *Casting all your anxieties [cares] on Him, for He cares for you?* (1 Peter 5:7).

"If you want rest, then surrender! Carefully and deliberately surrender every care, every concern, and every burden and place them right in the center of God's caring hands. Then sit back and REST!"

Please pray for our counselees, as well as everyone reading this article, that they will choose to surrender everything to God so they will rest and therefore receive His peace and thoroughly enjoy this holiday season.

Jesus said, Come to Me, all who are weary and heavy-laden, and I will give you rest.

Matthew 11:28

Our counseling services are completely funded by donations from individuals, companies, and churches. Your financial gifts and prayers provide a way for us to give Biblical answers to difficult questions and genuine solutions to real problems.

Every testimony we receive illustrates the kind of impact that's possible when Christians like you support God's kingdom work through HTTI. Please consider financially partnering with us.

HTTI'S ANNUAL CHRISTMAS PARTY

Sunday, December 3, 2017 from 1:00-3:00 p.m. (come and go)

Our annual party is our way of thanking you for another year of praying and/or financially supporting us. This is not a fund-raising event. This is our favorite party of the year as we get to spend time catching up with you.

We look forward to seeing you! Below are pictures for our 2016 Christmas Party

"Good food! Good time! Great friends!"

SAVE
THE
DATE
DEC. 3



GOD'S PLANS FOR OUR LIVES

By Doris Craddock, CEO

As we are going into the fall season the Lord gave me a verse in John 15:16, *"You did not choose Me but I chose you, and appointed you that you would go and bear fruit, and that your fruit would remain, so that whatever you ask of the Father in My name He may give to you."*

As we go about our day our Lord has a plan for YOU and ME. As we allow the Holy Spirit to lead us we want God's plan and not ours. It doesn't mean it will be easy or without pain and we may feel very little peace. But, you see, God requires us to be available and He will do the work or changing in us to complete His plans.

He tells us that in John 14:16-17, *"I will ask the Father, and He will give you another Helper, that He may be with you forever; that is the Spirit of truth, whom the world cannot receive, because it does not see Him or know Him, but you know Him because He abides with you and will be in you."*

Each day as you pray for God's leading, REMEMBER God is a big enough God that He will direct you as you allow the Holy Spirit to lead you in every aspect of your life. No matter how long it takes or what the results will be. He gives us peace and assurance as He works out His plans for our lives.

May your love for our Lord give you wisdom and strength in every aspect of your life. Blessings, Doris

"Doris, I asked you to pray as I have had several attacks on my digestive tract. Since I asked you to pray, my digestive tract is healed, my energy and strength are restored and I am able to get so much more done. Hallelujah!"

"With so much gratefulness for your ministry of prayer. May God bless you exponentially for your faithful ministry to me in His Name."

"To God be the glory!"

DONATING TO HTTI while Christmas shopping on AMAZON!

AmazonSmile is a simple and automatic way for you to support HTTI every time you shop, at no cost to you.

Go to: smile.amazon.com

Supporting: His Truth Transforms Edmond, Oklahoma.

It links to your Amazon account. You'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization.

The cost is the same to you; it is a way to help support HTTI.

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TRANSFORMS**
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Return Service Requested

Dear Faithful Friends and Supporters,

**Our prayer over you, “The Lord bless you and keep you; the Lord
make his face shine on you and be gracious to you; the Lord turn his
face toward you and give you peace” (Numbers 6:24-26).**

We praise God for you!

Doris, Kitty, Melody and Christi

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